

THE DISA



Table of Contents

From The Principal's Desk	Eisteddfod:
The-Color-Run	Culture & Arts
<u>Valentinesball</u>	Prize Giving Evening
Mr & Miss President <i>(Behind The Scene)</i>	-Headleaders Of 2022 /2023
Pressies Helping Hands	Goodbye Matric Class Of 2022
Every Ribbon Makes Difference	Valedictory
Pressies Support Group	Matricball
Focusing On Mental Health	Matric 2022
2022 Sport Review	Market Day 2022 - Ms Smit
Soccer	The Valedictory Day!
Netball	Personalia
Hockey	Holiday Fun
Rugby	Sponsors
Ice Hockey	
Women's Rugby	
Sport Collage	



FROM THE PRINCIPAL'S DESK

In 2022 we all had the opportunity to make a difference. Did we?

Often opportunities are disguised as hard work and sometimes as obstacles. One such obstacle was organizing a President Sports Day within the space of 3 hours. What was supposed to be a (cancelled) Interschool, was turned into a fabulous display of hard work, teamwork, team spirit, great sport, and a NOTHING-gets-us-down attitude – one of the proudest moments of my teaching career. Yes, we made a difference.

On a personal note.... When sport teams wore black ribbons on a Sports Day to show respect and empathy when my mom passed away, I felt loved and cared for. Yes, you made a difference.

For the first time in many years, we had an Interhouse Athletics Event. The track was, for the most part, more dust than track. Nobody complained. We had joy, we had fun, we had the best day in the sun, and just to end it off perfectly, the Colour Run left most teachers and learners quite “multi-coloured”. Team-fun made the difference.

Akademiese pryse, sport-prestasies en puik Eisteddfod-uitslae is gevier by die jaarlikse Prysuitdelingsgeleentheid- Benutte geleenthede wat aangegryp en beloon is. Mede-leerders en personeel het planne gemaak sodat ELKE matriekleerder deel kon wees van 'n Sprokiesaand-Matriekafskeid. Ure se beplanning en oefening om van die Mnr en Mej President-geleentheid 'n sukses te maak, het vrugte afgewerp. So baie van julle was deel van die verskil!

I have been touched this year by the many teachers, parents and learners who wanted to make a difference in the lives of others. Your contributions towards the Anti-Bullying Campaign, the initiative of creating a Peer Council Group and Peer Tutor Groups, and the acceptance of each other as human beings with differences, are commendable.

Did we make a difference this year? YES! Collectively and individually, we have made a difference every day!

Yours in Education

E Joubert

Principal



THE-COLOR-RUN

-Jayden Musset

Leerders en familielede het op Vrydag 25 Februarie by die skool bymekaar gekom vir ons heel eerste *color run*.

This spectacular event came at just the right time. Learners, teachers, families and friends were able to bask and dance under colorful clouds and rhythms of music.

Die organiseerders het geen steen onaangeroer gelaat nie. Die lug was gevul met aromas van boereworsrolletjies en roomys.

Perhaps some might have been



As gevolg van die ongeduld om weg te spring en 'n aansteeklike gevoel van opwinding onder die leerders, het die *Color Run* ontaard in 'n "Color WAR" op die veld. Die hoogtepunt van die gebeurtenis was die deelname van die onderwysers.

Leerders en opvoeders het mekaar gemoker met die poeierverf!

Die skoolveld het al die kleure van die reënboog vertoon wat met die joviale atmosfeer geharmoniseer het.

Kian George, 'n Graad 11-leerder sê: "Dit was 'n ongelooflike ervaring om deel te neem saam met jou familie en vriende en ons was spyt dat dit so gou verby was."

Ons sien daarna uit om dit 'n jaarlike aktiwiteit te maak.



disappointed in the fact that things did not play out as initially intended but boy oh boy, that was superseded by spontaneous fun. All Pressies let their hair down and emerged themselves in the organized chaos.



Valentynsbal

Nicole Hess-

Die Valentynsbal is 'n funksie wat jaarliks deur HSP gereël word.

Valentynsdag - 'n dag wanneer almal vir hul geliefdes blomme, sjokolade en teddiebere koop. Hierdie funksie is die tyd van die jaar wanneer al die verliefdes hulle beste skoene uit die kas haal en behoorlik uithaal en wys met hulle uitrustings!

Ons Matriekraad het hulle absolute bes gedoen om dit 'n onvergeetlike aand te maak vir almal wat die bal bygewoon het. Die eerste ding wat aandag getrek het, was die dekor. Die ingang van die saal was oortrek met papierhartjies op stringe en 'fairy lights' wat 'n magiese effek geskep het. 'n Fotohoekie vrolik opgekikker was, het eenkant gestaan om te verseker dat paartjies en vriende die spesiale aand kon vaslê op film, of in ons meer moderne era, op hulle fone. Net reg vir die Instagram feed.

Die saal was gepak met studente wat in hulle beste uitrustings geklee was. Vir baie van die meisies was hul hakskoene die eerste ding wat verdwyn het toe die musiek begin speel het. 'n Mens sou dink dat só aand vol passievolle 'slowjams' vir al die verliefdes moet wees terwyl hulle die saal vol waltz, maar nie hier by *Pressies* nie. Hier het die treffers soos WAP deur Cardi B en Perfect



deur Ed Sheeran gespeel, insluitend die populêre "Cha-Cha Slide" en niemand was skaam om hulle danspassies te wys nie. Die DJ het skaars vir die dansers kans gegee om te sit of asem te skep voor nog treffers die vloer vol ritmiese lywe gehad het.

Wanneer daar wel 'n oomblik was waar ons nie gedans of foto's geneem het nie, was ons besig om te peusel. Die kos was 'n *Pressies* weergawe van 'n "bento box" vol heerlike happiegrootte geregte. Dit was net wat ons nodig gehad het om weer op die dansvloer te kom.

Toe ons weer ons oë uitvee, was dit na tien en die DJ was besig om al sy wysies te bêre. Stadig maar seker het mense begin huis toe gaan. Toe die saal se ligte aangeskakel word, moes almal na realiteit terugkeer.

"Alle goeie dinge moet tot 'n einde kom." Valentynsbal van 2022 was een van die beste aande op ons skoolkalender! Ons maak volgende jaar weer so!



- Food Evening 2022

Ms Smit



The much-anticipated Food Evening of President High has been a longstanding event for many years and it's also one of the highlights on the yearly calendar. President hosts this event as a fundraiser to apply funds at the school in other much needed ways. Each grade decides on a dish that they will round up ingredients for from sponsors, create the dish from scratch as well as man the sales on the evening.

Our helpful parents and other family members jumped in to help our learners get the products and create the most delicious masterpieces!

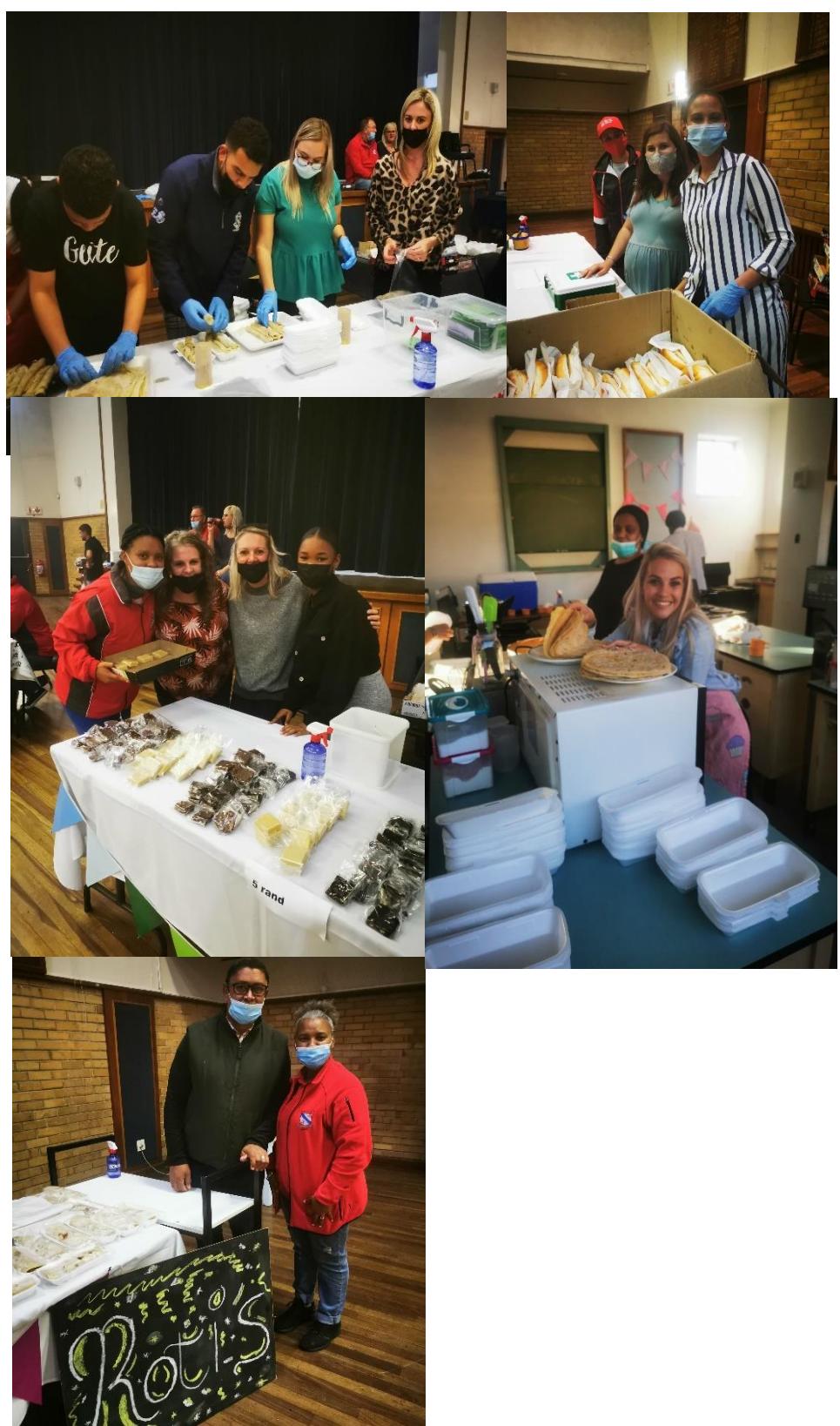
There was everything a hungry stomach could desire. Countertops were filled with massive pots from which came the most delicious aromas of chicken biryani.



Thanks again to all the Grade 9's who made sure we could stuff our faces with those big portions.

The pancakes flew out as well as the jaffles, sweets table and all the other yummy goodies that were sold. For those families who liked the festive atmosphere and entertaining background music, there were plenty of seats to dine in the hall.

A big thanks to ALL the grades who worked together to ensure that yet another successful Food Evening can be remembered until it's time for the next one!



Mnr & Mej President

(Behind the scene)

Het jy al ooit gewonder wat maak 'n skoonheidskompetisie 'n skoonheidskompetisie? Is dit die deelnemers se elegante rokke en *snazzy* pakke? Of is dit hul selvertroue wanneer hulle op die loopplank 'strut' of die beroerdeelaars se tawwe vrae beantwoord? Of is dit meer as dit? Is dit nie ook die proses wat agter die gordyne af speel nie? Ek is hier om vir jull die '*inside scoop*' van Mnr and Mej President te gee.

Die beplanning vir Mnr en Mej President (gelei deur die bekwame Juf Bruwer – baie dankie vir al Juffrou se bloedsweet en tranen!!) begin aan die einde van die Junievakansie, net bietjie meer as 'n maand voor die groot aand. 'n Handvol meisies en seuns het die laaste week van hulle vakanise opgeoffer om te begin oefen.

Die span het dadelik in gespring en die danspassies vir hulle '*Welcome to Cape-Town*' optrede, onder leiding van Juffrou Garces geoefen. Aan die begin was dit moeilik om die danspassies te onthou aangesien Juffrou Garces heeltyd aan beter danspassies gedink het, maar 'n paar ure se harde werk later was alles die moeite wert.

In tussentyd het Juffrou Bruwer klaar aan die ander tema's begin werk. Al die dekor, insluitende die liggies, die *arch* met ballonne en 'n realisties vliegtuig was juffrou Bruwer se idee en as span het hulle die

skool se normale verhoog in 'n asemrowende agtergrond omskep, wat met elke toneel gepas het.

Die wonderlike Juffrou Smit was in beheer van die bemarking van dié groot aand, asook om elke deelnemer voor te stel aan die skool, deur foto's van elke deelnemer met 'n inspirerende aanhaling van hulle keuse in passpoortformaat (BAIE, BAIE dankie Juf Weber vir al die moeite daar mee) by die ingang tydens die geleentheid te vertoon.

In minder as 'n maand het hierdie wonderlike onderwysers (dankie ook aan Juf. Louw, Juf. Mack en Mnr. Snyders) die kompetisie van die jaar beplan. Sommige dae kon ons fisies sien hoe gespanne die onderwysers was, veral toe dit gelyk het of sommige planne in mekaar kan val, maar soos Shakespear gesê het: "*The show must go on.*"



Die Disa

Tussen die lang ure van oefen het daar vriendskappe gevorm en teen die einde van die aand het niemand dit meer as 'n kompetisie gesien nie, maar as 'n onvergeetlike aand waar almal, soos *cliché* soos dit klink, wenners was.

Daar was steeds 6 titels om weg te gee.

Hand aan hand het ons almal op die verhoog bymekaar gekom om die Top-10 finaliste aan te kondig. Agter die gordyne het ons verder gewag met ons asems in ons keel om te sien wie die krone sou ontvang.

Voor dit egter kon gebeur, het Mnr. en Mej. President 2021 Neshaan Botha en Aiden Aploon, die verhoog geneem vir die laaste keer voor hulle die titels oorhandig het aan die nuwe wenners.

Die afwagting was groot terwyl almal gewag het tot die nuwe wenners aangekondig was. Kristen du Toit en Charlie Betadi was as die nuwe Mnr. en Mej. President aangekondig. Die aand het tot 'n einde gekom na die viering van die wenners en tonne foto's.

Dankie aan almal wat die aand wonderlik gemaak het. Kom ons kyk waar die kroon volgende jaar val.

-Nicole Hesse-



Pressies helping hands

2022 FOOD PROJECT

To end of 2022, we initiated our annual Food Project. Specific products were requested from each grade. The aim was stock to stock up our pantry. This project has enabled us to create hampers of sorts which included items such as



Every Ribbon makes a difference

On October 31st Breast Cancer Awareness Day, President High School, joined together in raising cancer awareness.

Learners and educators donated R2 or more to get a pink ribbon to wear and whereby educators would spray paint their hair pink or shave their hair in their generosity, to honor survivors, remember those lost to the disease, and to support the progress we are making together to defeat Breast Cancer.

Emihle Tekule in Grade 9E4 decided to make President learners more aware about the dangers of breast cancer as part of the schools community project. She put together a team to help her

toiletries, food mix, canned-goods and other basic necessities. Many of our learners do not know that we have learners in need of nutritional support. Through this project – which we hope to run until the end of the year – we can help these learners and their families. However, we still have a long way to go if we want to assist all families in need. We ask that, even after the project has ended, learners keep this initiative in mind and still donate to the school's food bank. John Holmes once said: *"There is no exercise better for the heart than reaching down and lifting people up."*

-Mr. van Tonder

achieve her goal of raising cancer awareness and to inform students about the dangers of cancer. She came up with the idea of selling ribbons for R2 to everyone at her school and letting everyone wear a pink ribbon for a week, not just because it's Awareness month, she also wanted to lend a helping hand to those in need. She wanted to honor everyone who is suffering from or the survivors of cancer. Grade 9E4 learners, Blessing Boyimbo, Laiqa Salie & Mkomazi Ntantiso helped organise this special event.

To make the event even more memorable, Mr. A Saliem volunteered to get his hair shaved by the team to show solidarity to people who have lost their hair due to chemo.

Thank you to everyone who participated in this initiative and made a donation.



Pressies support group

Rosie Tshamba (Support group leader)

President High School is not just the building, the fancy walls and beautiful playground. President High School is the learners and educators, with that being said, academic performance is as important as every learner's mental and emotional wellbeing, therefore the SUPPORT GROUP was initiated as a platform where learners can get SUPPORT with regards to any problems they are facing emotionally, physically or psychologically at home or inside school, however this is not a depressing space where learners have to openly discuss their personal problems in front of their fellow mates.

In the support group consists of the SUGGESTION box where learners are required to note down on a piece of paper what they want the Support group to speak about and the suggested topic is kept unknown to the support group leaders and they will therefore discuss the topic broadly and include ways to deal with the issue and if the topic is beyond the support leader's understanding, we have the school counsellor who comes in to explain it. The support group has a WhatsApp group

where we have the counsellor's number for the learners to privately book a one on one session if they want to. The support group does not necessarily consist of only children facing issues, some learners attend the sessions to learn and understand how to deal with issues like (depression) so they can help their friends who are not part of the support group or are not part of President high school.

The support group is a place where learners get help, advice and support and the opportunity to voice their thoughts and be heard. We advise educators to properly enlighten learners of what we do, the sessions take place in Miss Le Roux's class every Thursday 1st & 2nd break. Should they need any more information they are welcome to ask Mrs Le Roux, myself (Rosie) or any support group leader.



FOCUSING ON MENTAL HEALTH

The School Social worker, Mrs. Nicola Adams, has been focused on various programmes within the school for the year 2022. These Programmes varied from big campaigns linked with the Western Cape Department of Education MEC mandate on addressing Bullying in schools to small group sessions that addressed our school-specific needs like Suicide prevention, Behaviour Modification, Trauma and Grief counselling.

Programmes for learners:

Programmes with Grade 8 and 9 learners on Puberty and adolescents to help learners ease into the different stages of puberty and create a better understanding of their developmental stages.

Programmes to Matriculants on Stress and Anxiety were rendered. The WCED District team invited a Guest speaker specializing on Trauma debriefing as anxiety levels of Matriculants ran high.

Academic support was rendered to Matriculants with programmes of Time Management and study methods. Matriculants were also assisted with career guidance and post-matric support.

Anti-Bullying campaign with Gr. 8 Learners. Learners took a stand and came together to pledge against Bullying in our school. March 2022.

Programmes for Parents:

Programmes to Parents were held in term 2 to help parents who has children suffering

from depression. A guest speaker addressed our parents on Suicide Prevention and how to support their children.

The parents also received a school-holiday safety letter to ensure parents are informed of the dangers during school holidays.

Programmes for Educators:

Programmes to teachers involved supportive and educational. Guest speaker addressed dealing with children with behavioural challenges in the classroom. The Abuse no more protocol was presented to educators along with Self-Care tips. Teachers were celebrated on World Teacher's Day (30 September 2022) for their hard work and dedication to our learners. Each Teacher received a Gift and personalized keyring.

Awareness programmes were held that included:

- Child protection week- Educators wore a green ribbon in support of the fight against child abuse and they shared with learners what child Protection Week is all about.
- SANCA drug awareness week- Educators were challenged to give up something they can't go without in support of people struggling with addiction.
- Disability Day- Learners bought Casual Day tickets in order to wear casual clothes and to raise funds for the NCPD. In this way they learned to give back to the community.
- Heritage Day- Learners celebrated their own and other traditions and cultures and learned to celebrate diversity and the

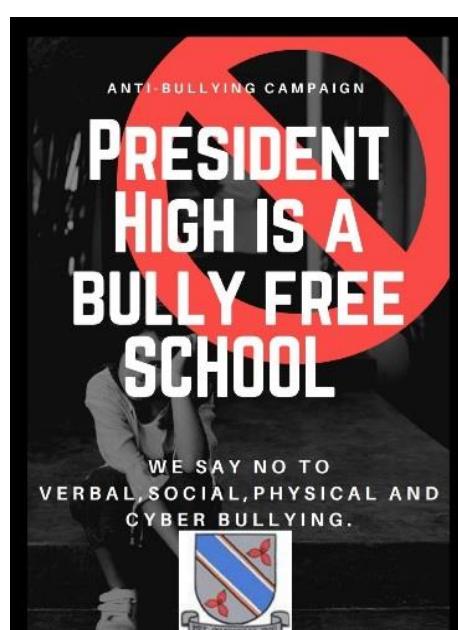


importance of respecting the beliefs, cultures and religions of others.

Tip for learners from School Social worker:

The most important tip I can share with our learners today is to be aware of stranger danger. The internet and social media are becoming the biggest platform and hot-spot where our learners are recruited in terms of child trafficking and sexual or inappropriate activities. Bullying and peer pressure is also happening online hence learners should be alert and ensure they are safe online.

Another important thing for learners is to build resilience skills and to become emotionally intelligent. These are skills that we can learn that will help us face the hardships of life or should we encounter traumatic life events. Life is generally hard with a lot of pressure on our learners today therefore it is important that they empower themselves with Resilience and practice emotional intelligence to be able to withstand the hardships and battles life might bring their way.





2022 SPORT REVIEW

Mr. Saliem & Mr. Kapp

Soccer

This is the first time that we have entered our soccer into a league. In the past we only had 1 team, this year we had 4 teams!

U14, u16, u19 & a girls' team.

Our U14's performed really well. They are an exciting group and will continue to get better as the seasons progress. They ended 4th on the log competing against 12 different schools. They have completed the season with a 65% winning rate.

Our u16 team has been the most dominate team this year. They have played a total of 9 games and won 8. They have scored a total of 32 goals across the 9 games averaging a total of 3-4 goals per game. They are in good position to win the league as they are also 3 points clear of the 2nd place holders in their league.

Our u19 team has shown dominance all year round. Beating our neighboring

schools Fairbairn College 4-1, defeating Goodwood College 3-0 and also beating Eben Donges 6-0. The exciting part about this team is that most of them are grade 11 boys and they will just continue to get better within their league. They are currently 3rd on the log, they have played a total of 9 games and have won 7 from the 9. Currently all our teams are in the top 5 of their logs.

Our girls' soccer has also shown great character throughout the course of this year. They had a slow start to their season as they are all still learning the game. They played a total of 4 games. Drawing 2 winning 1 and losing 1. They beat Goodwood College 4-2 in their first ever win. But within time this team will continue to get better as they stay committed to the sport.



Netball

Our netball teams have seen their fair share of ups and downs this season. Our u19 team only finding their true form closer to the end of the season. However, our U16 team has dominated their opponents all year round. They have only suffered 1 loss across the 9 games that they have played. They also came away with a massive victory beating Goodwood College 37-7. Next year they will be seniors so that will be



exciting to see if they carry that dominance into their senior year.

Our junior girls have also shown lots of positive signs. Most of our U14 girls are only experiencing the competitive nature of netball this year so they are excited to work on their skill set and get better for next season.



Hockey

We currently have 2 hockey teams' U16 and U19. Our hockey has seen their fair share of tough times. Losing a senior player to injury resulting in her being unable to play hockey for the remainder of the season but despite all that, they have shown true character on the field.

Our U16 team played in the bronze medal knockout game against Groote Schuur they unfortunately lost that game and ended 4th on their respective log.

Our U19 team played well all year round but unfortunately ended outside of the top 5 of their respective leagues. But we know the girls will be back next season even hungrier to correct their wrongs.



Rugby

Our junior teams (U14 and U15) struggled to find their feet early in the season but never gave up hope and never lost the love of the game. They only came away this season with 2 wins across the 10 games but the losses they suffered were with close margins of 3-4 points. The boys are excited to continue training and can't wait for the next season to start.

Our U16 rugby boys have played extremely well this season. Only losing 3 of their 12 games. They are a very competitive team & a well-coached team. Most of these boys will be seniors next year so it will be exciting to see them perform at the most competitive levels in school boy rugby.

Our U19 group has experienced lots of turmoil throughout the year. Our u19B team has only suffered 1 loss this year out of the 10 fixture that was played. However, the cancellation of interschools really impacted the boys especially the matric boys as they were looking forward to that game all year round. Especially not being able to play JG Meiring for the past 2 years due to Covid-19. However, our u19A team always kept the schools name high we struggled in the beginning of the season with team selection and had a really poor start to the season only winning 2 out of the 5 games for the first half of the season. After our holiday camp we saw great change within the team, they were united after that camp. The boys then came back for the 2nd half of the

season and have gone undefeated winning 5 from 5 fixtures. Even when their backs were against the wall, they showed spirit commitment and worked hard to come away with the victories. Their best performance for the entire season was beating Goodwood college 41-0 they also defeated Fairbairn College 36-10 which was a special win for the team. Over all they have 7 wins for 12 fixtures played.

Our girl's rugby team could possibly be 1 of the best teams within our district. They just can't be stopped. They have played a total of 5 games this season winning 4 out of the 5 and drawing 1 game. We currently have 2 players that is part of the WP girl's U16 team and they are true leaders for all the other girls that are interested in playing the game. They achieved their greatest victory for the season defeating Goodwood College 55-0.

In conclusion our teams have performed extremely well throughout the 2nd and 3rd term. And we consistently see week in and week out that our sporting culture is growing. We are an extremely competitive school and our neighboring schools are aware of that. Sport brings people together



and in certain situations our learners will remember these sporting moments for the rest of their lives. Let us continue to support and grow our sporting department for years to come.

Ice Hockey

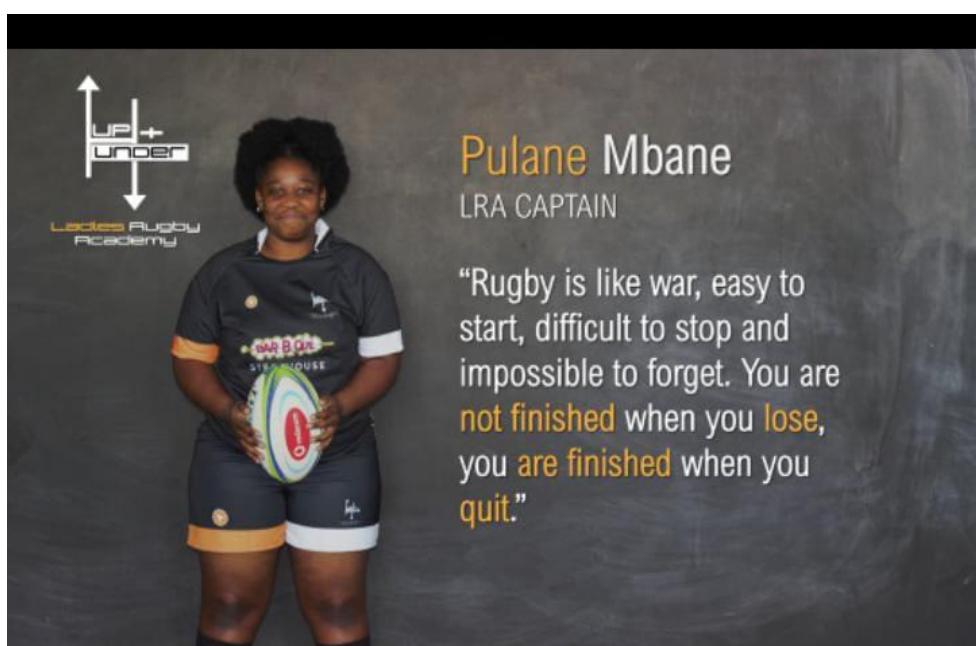
Matthew Brandt a gr.11 learner has achieved so many awards in his ice hockey career. At the age of 14 he made the SA team making him the youngest player of that team. He then went on to achieve his WP colors and being awarded the third

time best forward, second time MVP player, fourth time top scorer and seventh time gold medalist. He will be representing the U18 team in 2023 against New Zealand, Hong Kong and Thailand. And also, a IPT tournament in June 2023. Well done Matthew! We are so proud of you!



Women's Rugby

A huge congratulations to Pulani Mbane for being chosen for the WP women's rugby team! We are so proud!



Sport Collage



Die Disa



Eisteddfod:

**Van skryf en praat, kan jy
híerdié ysters níks vertel nie!**

Jay-Tee March

Na 'n aantal jare van droogte met betrekking tot deelname aan die Tygerberg Internasionale Eisteddfod, het Mevrou Abrahams weer vir Pressies 'n voet in die deur gekry.

Ons bedank haar uit die diepte van ons harte vir haar moeite en aansporing om deel te neem aan hierdie kulturele aktiwiteit. Ons leerders het hul uitstekend van hul taak gekwyt.

Baie geluk aan die volgende leerders wat puik gevaar het:

Skeppende Skryfwerk:

Anuscka Cloete, graad 9 - 80%.

Janine Denysschen, graad 11 - 88%.

McLauren Katoleza, graad 12 - 80%

Jay-Tee March, graad 12 - 90%.

Gedigte:

McLauren Katoleza, graad 12 - 81%.

Franklin Veris graad 11- 80%

Onvoorbereide Lees:

Kyle Veris, graad 9 - 90%,

Jay-Tee March, graad 12 - 90%.

Baie geluk aan elke deelnemer! Julle het Hoëskool President se naam hoog gehou.



Culture & Arts

Miss.Mack

CHOIR

During 2022 we have emerged ourselves in the abundance of vocal talent at our school.

Singing is an expression and brings across a message like nothing else can. Many learners at President High school have the natural gift to serenade, with a unique ability to express their own story.

The school hall has known the angelic vibrato and "Celine Dion" vocal-gymnastics throughout the year.

At various occasions the hearts and ears of parents, learners and staff were opened to beautiful melodies emanating from the piano and violin. Through the loud cheers and tears our learners gained more confidence each time.

Rinet, Skyra and Faith have outdone themselves through their commitment and performances. These lovely ladies are passionate about music and showcased their abilities throughout the year.

Galatias, Aiden van der Horst and Layla have done an excellent job in giving us the best as they found expression through their instruments.

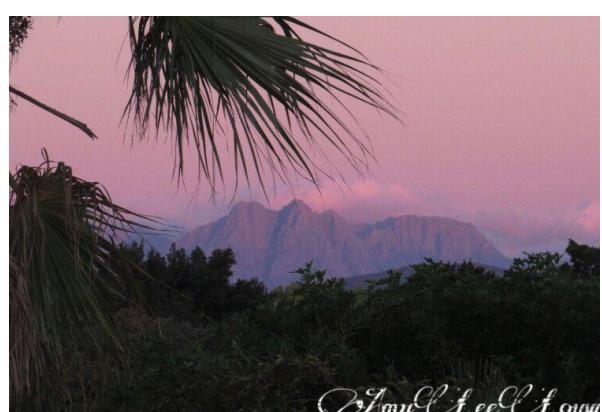
We are excited about what 2023 holds and the endless possibilities that are before us.

ART

We spoke to two of our art learners to tell us more about their passion for drawing and photography.

Amy Lee Louw Gr. 10 :

"I attend Tygerberg Art Centre, the subject I take is photography. I do landscape and Wildlife photography. I am inspired by beautiful views that I come across. I love being outdoors and enjoy my free time surrounded by nature."



Nadine Ndzana Gr 10:

"I take art as a subject at Tygerberg Art Centre. I loved drawing since I was little. It has now become my passion. I love to draw things that inspire me. I put my ideas on paper to show what I am visualizing."



Prize giving evening

Jayden Musset

On the 20th of October 2022, after nearly two years we were able to have a full school hall to honor learners for their hard work and who have excelled academically and on the sports field during this period of adaptability.

These ambitious, goal focused learners, who are driven by a strong personal desire to accomplish meaningful goals in life, has earned to stand on that stage and be praised for their achievements. Thank you to every teacher, coach and parent who supported learners.

-HEADLEADERS OF 2022 /2023



What a memorable 5 years it has been, from all the moments filled with laughter and joy. Our High school experience is something we will always remember and it is really hard to believe that such an experience has to come to an end. In the beginning the end of school seemed so distant as if it would never come, but before we knew it, our time has run out as scholars. President High has taught us a lot and we feel prepared to enter the world as young adults. We will forever be grateful for the lessons we were taught by our teachers. Thank you to all our teachers, fellow students and everyone that made High school such a memorable experience. We wish the best for all our peers as they embark into the adult life.

Logan Monson & Jason Pretorius

New headleaders for 2023

Congratulations to our new headleaders for 2023 is!

Headgirl: Faith August

Deputy headgirl: Imrah Swartz

Headboy: Jayden Musset

Deputy headboy: Sideeq Parker



Goodbye Matric class of 2022

Valedictory



Matricball



Matric 2022

Market day 2022 - Ms Smit

Presented by 12A1

Hosted by the Class of 2022

The excitement for the Matric Farewell was running high as the day all Grade 12 learners dream about drew closer. As an act of kindness 12A1 came up with the idea of hosting a market day to raise funds to reduce cost of the Matric Farewell tickets.

In the blink of an eye they rallied up the rest of the Grade 12 Troops and pretty soon the hallways were buzzing with excitement about the upcoming Market Day. Everyone pulled together, got sponsors for products, roped in uncles and aunts and all parents too! Finally, the day of the Market Day arrived and the Matrics were frantically running around screaming about this person being late with toffee apples and that person who forgot some important ingredient for the masterpiece.

Our in-house DJ Chivago Heugh (who has a song on Youtube – go check it out) and his team created the perfect atmosphere with his musical skills. All of a sudden there were 5 minutes left on the clock before all the hungry students storm out. The roti's still had to go out, the toffee apple table was still empty and some posters were falling of the wall.

And then the bell rang and in seconds there were queues everywhere and the Grade 12's had to use all of the Math skills they



learned the last couple of years! At the end of the (very successful) Market Day they raised a good amount of money for the Farewell! The Class of 2022 created this Market Day to leave behind as their legacy and hope that the future learners of President continue to uphold the tradition.



The Valedictory day!

How all the events of the past 5 years have become an official memory in one day —

Jay-Tee March

Formal, gloomy to a far-reaching extent, reflective and, without a doubt, extremely memorable the root cause of all these feelings was, of course the Valedictory of the Class of 2022!

Once the Flag Ceremony was fulfilled, the guests of honor — the Grade 12's of 2022. claimed their honorary seats. Nervousness and the sense of farewell were prevailing. Our stomachs were the homes of butterflies.

We came to the realization that we had reached the end! Mrs. Joubert, our beloved Principal with the most soothing and elegant voice, made a speech that produced a tear or two of pure joy within us. Mrs. Stander, our daring, unbeatable and outstanding Grade Head articulated a speech that is never to be forgotten! This marked the start of a significant ceremony.

A few of our fellow classmates and friends were filled with extreme bravery to step upon stage and share some memorable and joyful moments. Even through the tears and sad atmosphere, we had a laugh! Each Grade 12 learner was called to the stage to retrieve their NSC information.

Screams of joy occurred and proud parents were visible as wide smiles and positive energy filled the entire assembly. We concluded all items and occurrences we lit a candle and sang a song that stirred the sadness to the core — “That’s what friends are for”.

Cellphones and cameras were working overtime after the Valedictory Ceremony with proud mothers hugging their sons and proud fathers giving their daughters a kiss on the forehead. The parking lot was stuffed with joyous celebrations and unforgettable memories! A big thank you to Mrs. Joubert, Mrs. Stander, Mrs. Landon, Mrs. Abrahams, Mr. Van Wyk, Miss. Davids and Mr. Cupido, and also each and every other Educator for their astonishing role that they have played in our lives. We appreciate your presence more than you can ever imagine. As a typical Grade 12, I say: *“I herewith sign out”*.



Personalia

Jay- Tee March

Time to say goodbye...

Straight to the point, fun, dramatic (in an energetic and positive way) and a magnificent English teacher —the one and only **Mrs.Kolony!**

An educator who knows how to keep the attention of learners; a teacher that likes to have fun, but simultaneously also knows where to draw the line and when to become serious.

Mrs. Kolony is someone who doesn't beat around the bush. That is one of her many qualities that is admired by students and colleagues. Many a time when we needed a teacher for supervision, some would say: "No, can't we rather have Mrs. Kolony?" Others would say: "I'd much rather have Mrs. Kolony right now".

This just reinforces how much the students liked her and her uplifting, energetic, contagious and positive vibes.

After 7 years of teaching students how to write an essay, how to answer Poetry questions and how to go about doing an oral, this hilarious, adventurous and amazing English teacher has decided to say goodbye to President High school.

Throughout the years, Mrs. Kolony has brought a smile to many faces. Thank you for the immense influence you have had on the learners of President High School. You

are never to be forgotten. Thank you for being an amazing educator and actress in class. We will never forget the laughter and fun we had experienced in your classroom while answering questions on novels and poems. May happiness and fortune pave your future all the way ma'am.



Ná 15 jaar sê Hoërskool President totsiens aan sy Afrikaansbron.

“Die volgende hofie: Aanwysende Voornaamwoorde…”,

“Kyk daar agter teen die muur. Ons mik altyd vir ‘n 100% slaagsyfer!” so praat die uwe Mevrou Johnson — vorige vakhoof van Afrikaans, Graadvoog en Onderwyseres van die jaar!

Kyk, as jy hierdie skitterende vrou in ‘n gang raakloop, sien jy Afrikaans. Jy sien ‘n manjifieke, ingesoute leerkrag en ‘n wonderlike mens oor die algemeen. Ná ‘n uitmuntende 15 jaar in die Onderwys en óók 15 jaar by Hoërskool President, het dié “Onderwyseres van die jaar” besluit om haar onderwyspad te verander.

Mevrou Johnson - President se bron van Afrikaans is nou besig om haar gevestigde Afrikaanse kennis en positiewe ‘vibes’ by ‘n ander skool te versprei soos wat sy vir die afgelope 15 jaar by President gedoen het. Dit sal beslis ‘n indrukwekkende persoon neem om haar skoene vol te staan. Alhoewel die leerders van Hoërskool President haar werklik sal mis, gun ons haar die nuwe geleentheid. Ons glo en bid dat u in die sewende hemel by die nuwe skool sal wees en weet dat dit klopdisselfoom sal gaan.

Baie dankie vir die invloed wat u op die lewens van báie Hoërskool President-leerlinge gehad het. Ons waardeer dit oopreg!



Juffrou Hercules

Vir ‘n kort tydjie het Mejuffrou Hercules ons uitgehelp met Wiskunde.’n Opinie van een van haar leerders: *“Sy het altyd seker gemaak ons ken die werk; sy het gereeld gevra of ons verstaan wat aangaan en sy het haar bes probeer, al was die klas se gedrag nooit die beste nie.”* Baie dankie juffrou Hercules!

Mag u nuwe onderwysspoor baie suksesvol wees!



Ná byna 5 jaar se begrotings, bates en laste, besluit hierdie juffrou om haar onderwysspoor te verander.

‘n Hart van goud en ‘n kop vol kennis — Ja, jy’s reg! Ons eie mevrou Gempies.

Sommige leerders sal sê: "A very kind teacher". Ander sal weer sê: "An amazing teacher". Deur die jare het ons vir Mevrou Gempies as ‘n saggearde en goedhartige onderwyseres leer ken. Onthou saggeard — nie luiddrugtig nie!

Jy sal wéét as jy daardie gaafheid misbruik! ‘n Voortreflike leerkrag! Dié juffrou se handskrif is so netjies soos haar persoonlikheid! Dit is een van die vele merkwaardige eienskappe wat mevrou Gempies uitsonderlik maak.

Baie dankie vir juffrou se positiewe invloed op die leerlinge van Hoërskool President oor die jare.

Dankie dat ons skool toe kon kom met die wete dat ons met ‘n egte glimlag en ‘n oorvloed van warmte begroet en opgevoed sal word.

Ons beste wense vergesel u op u pad vorentoe.



Nuwe lewe...

Een ding wat jy van Hoërskool President se personeel moet weet is dat hulle nie gras onder hul voete laat groei nie!

Onlangs het daar baie verwikkelinge geseëvier in die lewens van ons vooruitstrewende leerkragte. Ons sê hartlik geluk aan elkeen!

Drie onderwyseresse het mammas geword — mevrou Botha, mevrou Kolony, mevrou Landon. Hartlik geluk met die drie pienkvoete!

Baie geluk aan meneer Saliem met sy nuwe bondeltjie vreugde. Mag hierdie vier bambinos mooi grootword en net vreugde in hul mammas en pappas se lewens bring.

Nuwe huwelike...

“Trou is nie perdekoop nie”. Tog het vier leerkragte besluit om sogenaannde gesegde te ignoreer deur die knoop deur te haak! Nie net is hulle verlief op Afrikaans, Verbruikers, Lewenswetenskap en Lewensoriëntering nie; hulle het ook hul hart verloor op ‘the one’.

Ons sê hartlik geluk aan die merkwaardige juffrou wie se klaskamer altyd netjies en silwerskoon is en wie in bestuur van sake by die DISA is: Mevrou Abrahams (née mej. Pieters).

Meneer Van Wyk, die Lewenswetenskaponderwyser wat nie doekies omdraai nie, het óók huweliksbeloftes aan sy sielsgenoot gemaak!



Baie geluk aan die opgewekte en energieke mevrou Louw (née mej. Gouws) met die nuwe era.

En dan het een van ons nuwe onderwyseresse ook trou aan haar lewensmaat beloof — mevrou Le Roux.

Baie geluk aan elke onderwyser wat troudokumente geteken het. Mag die getroude lewe vol seëninge, liefde, lojaliteit en toewyding wees. Mag julle saam oud word en mekaar liefhê tot in lengte van dae.

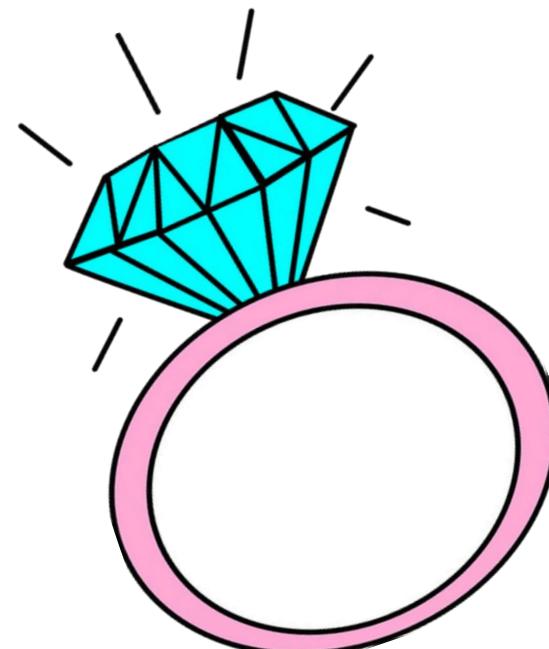
Terwyl ons nog in die ‘trou-gees’ is, wil ons net baie geluk sê aan meneer Papier met sy verlowing. Die ander manne sal nou moet uithaal en wys oor hoe hulle die Groot Vraag gaan vra.

En splinternuwe Leerkragte aan die begin van 2022!

Ons is baie dankbaar vir die nuwe leerkragte wat Hoërskool President bekom het. Ons verwelkom die volgende ‘newbies’: Meneer Williams (Lewensoriëntering), Meneer Prins (Engels), Mejuffrou Steyn (Wiskunde), Mevrou Le Roux (Lewensoriëntering), Mevrou Roman (Besigheidsstudies), Mejuffrou Garces (Engels, Afrikaans en Lewensoriëntering), Mevrou Killian (Wiskunde), Mejuffrou De Kok (Engels).

Baie welkom aan elke nuwe Leerkrug. Hoërskool President is soos ’n bekende ou Afrikaanse sepie, hier snork niemand nie!

Iets is altyd aan die gebeur en daar is altyd iets om na uit te sien.



Holiday fun

2022 Book recommendations

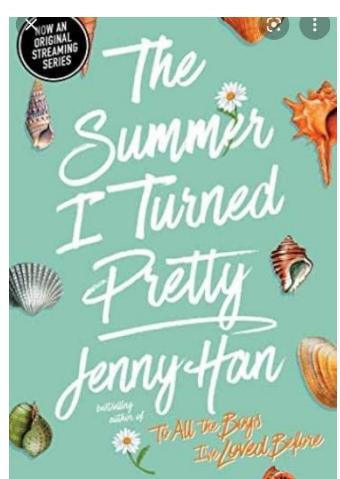
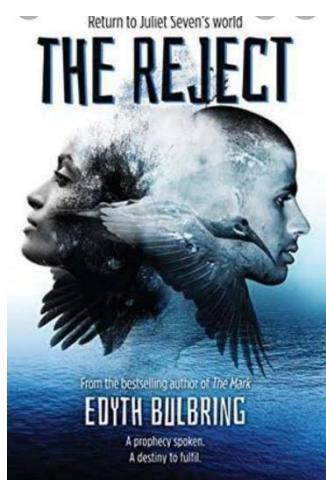
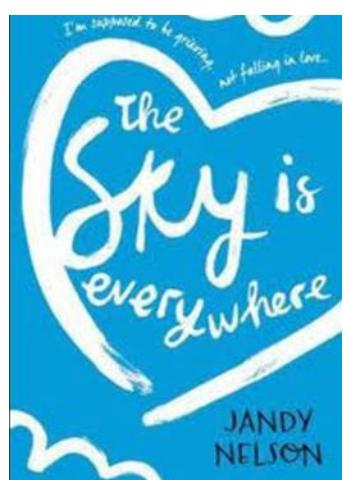
This year, reading is the new trend. We have chosen 3 must reads.

A sequel to The Mark...A must read to follow Etties' journey. A book about teenage love and loss. A book about owning who you are. Not all these books are for girls!

We hope you enjoy.

1. The reject- Edyth Bulbring
2. The Sky is everywhere- Nelson Jandy
3. The summer I turned pretty – Jenny Han.

Happy Reading!



Netflix & Chill

We also have some must watch series' on Netflix.

Some mystery. Some young love and a little K-drama.

1. *Enola Holmes 1 and 2*
2. *The Twilight Saga!* (finally your vampire dreams come true)
3. *Nevertheless* (The best K drama in my opinion)

Happy watching!

(Thanks Mrs Kolony for the recommendations!)



Sponsors

We would like to thank all our sponsors!

SMG Cape Town



SMG cape town: u19A rugby main sponsor



John Dory's: Catering sponsor for all our home sporting events



Moving Forward: Girls Soccer, u19A soccer team sponsors



Timbercity (previously known as chipbase): They are our netball and hockey sponsors.



THE DISA

DO YOU WANT TO BE A PART OF OUR EDITORIAL TEAM?

Now is your chance!



Write a piece of 150-200 words about any school event that took place this year. It can be in Afrikaans or English. If you are more into photography you must have your own camera and also email us your name & surname.

Send it to
disa@presidenths.co.za
before or on Jan 20th 2023

Editorial Team 2022

Organiser:

Mrs. A. Abrahams

Team :

Jay-Tee March

Jayden Musset

Nicole Hesse

Editing:

Miss S.Smit

Mrs. Abrahams

Layout & Design:

Mrs. Botha

Nicole Hesse

Photos:

Zilla Williams

Mrs. Weber

Miss. Smit

